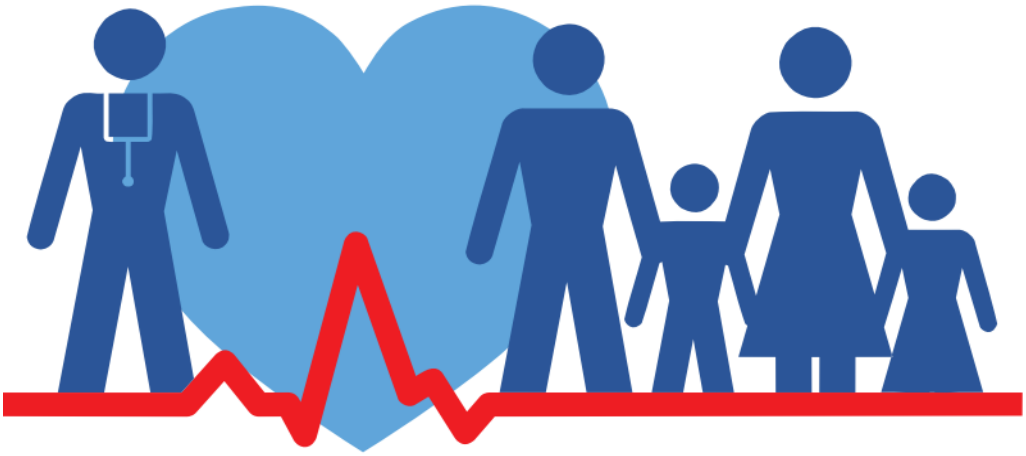

# Belgian Gardens Medical Centre

WE HOPE YOU HAD A LOVELY CHRISTMAS AND WILL HAVE A HAPPY AND HEALTHY NEW YEAR.

January 2020 Edition

## DOCTORS LEAVE

Dr Fiona Fleming returns from Leave on Monday, 13th January 2020.

Dr Sonia Gautam will be on leave from 11th January 2020 and returns on Wednesday, 30th January 2020.

## PRACTICE CLOSURES

We will be CLOSED on Monday, 27th January 2020, for Australia Day.

## PRIVATE BILLING MEDICAL PRACTICE

Just a reminder to all our patients, and new patients that we are a PRIVATE BILLING MEDICAL PRACTICE.

We DO NOT Bulk Bill. If your regular GP bulk bills you, this is not to be expected from another GP in the Practice.

## PRICE INCREASE

We have had a price increase for our consultation fees, starting 1st January.

**Standard Consult is $80.00**

**Long Consult is $150.00**

With discounted rates for children and pensioners.

**YES, WE DO SKIN CHECKS!**
**Book with your GP today!**

## CONFIRMING APPOINTMENTS

HotDocs now send you out a reminder text, that you can confirm or cancel straight from your phone!

To confirm or cancel, you simply have to reply Yes or No, to the said text.

You DO NOT need to download the App if you do not want to.

## SCREEN TIME

The World Health Organisation have advised their recommendations on **daily** screen time for children. It is recommended that children aged:-

0-1 years have NO screen time
2-5 years have no more than 60 MINS
5-17 years have no more than 2 HRS
They recommend screen time be replaced with moderate physical activity.

## NEW OPENING TIME

Dr Nichola O'Reilly now opens up her consultation times from **7.30am** on a **Tuesday and Thursday.**

She finishes consulting at 3.30pm these days.

## KEEPING RECORDS UP TO DATE

Please always check with Reception that your Address, Medicare card and Phone numbers are kept up to date at all times. As well as your NOK and/or Emergency Contact.

ABOUT US

Belgian Gardens Medical Centre

## CONTACT US

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www.bgmc.com.au

ONLINE BOOKINGS THROUGH HotDocs

DON'T FORGET THE PHARMACY RIGHT NEXT DOOR

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## OPENING HOURS

| | |
|---|---|
| Monday to Friday | 8.30am – 4.30pm |
| Saturday | 8.30-am to 12pm |
| Sunday | CLOSED |
| Public Holidays | CLOSED |